**During a Wildfire or Poor Air Quality Event**

**Safety Checklist:**

1. **Stay Indoors:**
   * Close all windows and doors.
   * Use an air purifier or create a clean room with a portable fan and filter.
   * Avoid using anything that burns, such as candles, fireplaces, and gas stoves.
2. **Monitor Air Quality:**
   * Regularly check AQI levels.
   * Follow local health guidelines based on AQI readings.
3. **Use Protective Gear:**
   * Wear N95 masks if you must go outside.
   * Ensure the mask fits snugly around your nose and mouth.
4. **Limit Outdoor Activity:**
   * Stay indoors as much as possible.
   * Avoid strenuous activities.
5. **Keep Hydrated:**
   * Drink plenty of water to stay hydrated.
   * Avoid caffeine and alcohol, as they can dehydrate you.
6. **Communication:**
   * Keep in touch with family and friends.
   * Have a battery-powered radio for updates if power is lost.
7. **Evacuation:**
   * If advised to evacuate, do so immediately.

Follow your evacuation plan and take your emergency kit.