**During a Wildfire or Poor Air Quality Event**

**Safety Checklist:**

1. **Stay Indoors:**
	* Close all windows and doors.
	* Use an air purifier or create a clean room with a portable fan and filter.
	* Avoid using anything that burns, such as candles, fireplaces, and gas stoves.
2. **Monitor Air Quality:**
	* Regularly check AQI levels.
	* Follow local health guidelines based on AQI readings.
3. **Use Protective Gear:**
	* Wear N95 masks if you must go outside.
	* Ensure the mask fits snugly around your nose and mouth.
4. **Limit Outdoor Activity:**
	* Stay indoors as much as possible.
	* Avoid strenuous activities.
5. **Keep Hydrated:**
	* Drink plenty of water to stay hydrated.
	* Avoid caffeine and alcohol, as they can dehydrate you.
6. **Communication:**
	* Keep in touch with family and friends.
	* Have a battery-powered radio for updates if power is lost.
7. **Evacuation:**
	* If advised to evacuate, do so immediately.

Follow your evacuation plan and take your emergency kit.